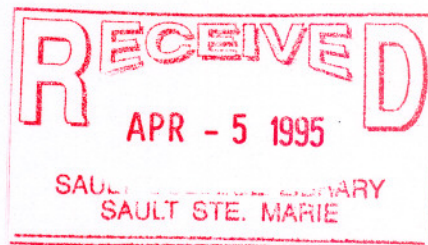


SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE



Course Title: MANAGING DISTURBED BEHAVIOUR

Code No.: COR 310

Program: CORRECTIONAL WORKER

Semester: FOUR

Date: JANUARY 1995 Previous Date: JANUARY 1994

Author: JOHN JONES

New:     

Revised:   X  

APPROVED: \_\_\_\_\_

*Kitty DeRosario*  
Kitty DeRosario, Dean  
School of Human Science and  
Teacher Education

DATE: \_\_\_\_\_

*Dec 20/94*

**\*\*NOTE:**

**Please do not discard this outline. It will be required by other educational institutions if you are attempting to obtain credit for this course.**

Managing Disturbed Behavior (COR 310)  
45 hours

PREREQUISITES: Introduction to Corrections (COR 200)

### **PHILOSOPHY/GOALS**

This course will prepare the student to recognize, prevent and/or effectively manage potentially dangerous situations of unacceptable behavior from correctional clients. Those under stress or in a state of crisis find it difficult to function "normally" thus making the tasks of correctional workers difficult and often hazardous. At the same time, correctional workers need to have knowledge and skills to feel confident during crisis and keep their stress as low as possible so as to be most effective in managing those for whom they are responsible.

### **STUDENT PERFORMANCE OBJECTIVES**

Upon successful completion of the course, the student will be able to:

1. Define, describe and successfully operate the Interpersonal Communications for Corrections model with clients.
2. Define, describe and successfully operate the Situational Leadership model with clients.
3. Define, describe and successfully diffuse an anger situation.
4. Define and apply a decision making model to a scenario.
5. Define and apply a problem solving model to a scenario.
6. Define and apply a crisis management model to a scenario.
7. Identify clients who are suicidal and apply a preventative plan to prevent suicide.

### **TOPICS TO BE COVERED**

1. Review of supervision and discipline techniques
2. Interpersonal Communications in a Correctional Setting
3. Situational Leadership
4. Anger Management
5. Decision Making/Problems Solving model
6. Crisis Management
7. Suicide

Managing Disturbed Behaviour (COR 310)

Instructor: J. Jones

**LEARNING ACTIVITIES**

**1.0 Review of supervision/discipline**

Upon successful completion of this unit, the student will be able to:

- 1.1 define supervision and discipline for a correctional setting
- 1.2 list and discuss attitudes and tactical mistakes
- 1.3 outline and discuss model of correctional supervision

**2.0 Interpersonal Communications**

Upon successful completion of this unit, the student will be able to:

- 2.1 list and define the components of the model
- 2.2 apply the model to a variety of role play situations

**3.0 Situational Leadership**

Upon successful completion of the unit, the student will be able to:

- 3.1 define situational leadership and explain its use with clients
- 3.2 outline and explain the components
- 3.3 apply the model to a variety of role play situations

**4.0 Anger Management**

Upon successful completion of this unit, the student will be able to:

- 4.1 define anger
- 4.2 list and describe the steps used in resolving anger problems
- 4.3 apply the steps to a variety of role play situations

**5.0 Decision Making/Problems solving**

Upon successful completion of this unit, the student will be able to:

- 5.1 define problem solving and decision making
- 5.2 list and describe the steps used to problem solve and make decisions
- 5.3 apply the steps to a variety of role play situations

**REQUIRED RESOURCES**

Handouts  
Video - Attitude Mistakes  
- Tactical mistakes  
- Handling of aggressive inmates  
- Supervision of Special Inmates

Handout

IPC Manual

IPC Video

Handouts  
Simulator

Handouts

Handouts  
Decision Making  
Vignette Video

Officer Baxter Case Study

Managing Disturbed Behaviour (COR 310)  
Instructor: J. Jones

**6.0 Crisis Management**

Upon successful completion of this unit,  
the student will be able to:

Handouts

- 6.1 define crisis
- 6.2 list and describe the steps used to manage crisis

**7.0 Suicide**

Upon successful completion of this unit,  
the student will be able to:

Handouts  
Video on Suicide

- 7.1 define suicide
- 7.2 list and discuss the signs of suicide
- 7.3 list and discuss the preventative measures

**METHOD EVALUATION**

A final grade will be derived from the results of two tests and one research paper/video.

Mid term exam	40%
Final exam	40%
Paper/Video	20%

The grading system used will be in accordance with College policy

- A+ = 90-100%
- A = 80- 89%
- B = 70- 79%
- C = 60- 69%
- Less than 60% = R (repeat course)

**ADDITIONAL RESOURCE MATERIAL**

Handouts will be provided by the instructor.

**SPECIAL NOTE**

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.